

Pennsylvania Free State Newsletter

Presented to you by the Pennsylvania Pioneers

Calling out to all Pennsylvanians



Historic Downtown Pittsburgh, Pennsylvania

July 2026

Quotes from our Founding Fathers

"I prefer dangerous freedom over peaceful slavery."

-Thomas Jefferson

Welcome to the Pennsylvania Free State Newsletter.

This group is here to help Pennsylvanians organize their self-governing bodies at the county level. A government for the people and by the people. Feel free to join us at our zoom calls and in-person events if even just to learn more about what can be done to restore the Republic, the rule of law, and preserve our constitutional rights. Even better if you are interested in getting involved, we are here to support, guide and share community.

This group is well grounded in knowing that we are guided by the Creator and that the intention is for us to regain our inherited freedom and dominion. We are centered in love and in the creative process of establishing self-governance by the people and for the people.

Table of Contents

Title Page.....	1
Welcome...Table of Contents...Volunteers.....	2
Main Article.....	3-5
Pennsylvania Pioneers in Action-Committee Reports.....	5-7
Open meetings and Trainings.....	7-8
Announcements and Special Events.....	9-12
Monthly Focus.....	13
Call for member contributions... Seal and Contact Information.....	14

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Main Article: Edith (Delmi) Behr

August Flyer Credits: Laura Matika

Main Article

Alignment, Intuition and Freedom

In the age of information overload, misinformation and conflicting information, often we are not sure what to believe or we are overwhelmed. Why even bother when to gather information seems as if it is such a monumental task requiring researching the research to ensure it is at least a trusted source.

We were taught to look at the data to make informed choices, to weigh the pros and cons, to get multiple estimates for work done, to trust the those who have gone before us or experts.

In a more simple time this might have worked somewhat, however the beauty of our now experience makes all of this almost impossible. Why do I say this is the Beauty of now? It forces us to open ourselves to our personal power. When we are aligned with our divine aspect our path lights up. No need for hard work and research and doubt.

It may be the lighted path will lead you to information. You will know the information is right for you as you will feel the resonance. It may be that the lighted path is a decision that draws you without the need for information. Again, it will feel easy and resonate with you. It may be in the form of something not working out but in your knowing you expect a better arrangement to come, and it does.

I am not saying gathering data, information, and the opinion of others is wrong. I am saying that if you seek alignment with your divine aspect first, you will easily be led to all that is perfect for you. Without alignment, most of the time we run around in circles or go through a long and painful process of trial and error.

Trial and error is also not wrong. Sometimes a trial and error is just a stepping stone in disguise but again when you are in alignment there is joy even in that. Of course, you don't have to do it the joyful and easy way if you don't want.

How does one get in alignment with the divine aspect of you? The secret is so powerful and simple, it will astound you. Most of our lives it has been conditioned out of us. Why this is the case is a mystery to me, but we will leave the unsolved mystery discussion for another time.

The secret is to use your amazing mind to find ways to feel good, satisfied and at peace. The ways to do that are many. Find reasons to love life, people and circumstances. Find aspects to appreciate in your every now moment. Play with desires and fantasies without being attached to whether they happen, how they will happen or when.

I understand that your habit of thinking is mired in the opposite. Always looking for the danger, feeling as if you would be irresponsible if you ignore negative issues, danger or wrong doing. Protecting yourself and/or others from this "dangerous" world. It is purely a habit and a habit worth breaking. It is a habit that can easily be broken if you want to live a glorious existence.

The irony is, when you change the habit of your thinking and let go of the attention on what is wrong that needs to be fixed, the problem gets fixed easily. Now I am not asking you to believe me, however I will say that if you just give it a try, the proof will be in your experience and you will know what I say is true.

I am not saying ignore every part of your life you don't like or don't want to deal with. Actually I am saying that...lol. However, until you can actually do that it won't be your experience. It is a creation of the mind. You can't ignore a problem in the physical world if its very active in your mind. In other words, you are still giving it powerful attention so you might as well deal with it. In the meantime begin to break the habit of focusing on what's wrong. Break the habit of trying to figure out why it went wrong. Break the habit of giving your creative attention away to thoughts that will only create more problems to solve.

Another way to align is to break open your box of wildest dreams and desires and play as if you have them. Walk as if its true. Make plans in your mind as if you are already experiencing your grandest version of life. Just do it playfully like you are an actor playing a part. No attachment, just for the pure joy of the experience. Allow it to seep into as many activities and moments of your life.

Of course, don't do it if it's a struggle or makes you feel worse or guilty. That is why I say just play with it for the sheer joy of playing. Pretend that your world is transforming rapidly to a state of grace, freedom and empowerment. Pretend to be gorgeous or skinny or tall or whatever. Pretend to have a beach house with servants that await you when your trip is done. Pretend you are driving the car that you desire. Pretend that the IRS has been dissolved and many people are awakened. Pretend to send millions to the charity you want to help. Pretend to retire your entire family. Pretend to give \$1,000 dollar tips to your wait staff. Pretend the book is done and you are going to your book signing. Pretend your personal assistant is taking care of all the details you have no interest in. Pretend you enjoy creative endeavors with like-minded people so often you wake up excited for each day. Pretend and feel how good it is. I think that is why the bible says we are to be like children. Play, play, play with life and watch how quickly things get better.

You are still going to do life, the way you are...at least for a time, but doing this when you can, simply in your mind will keep you in alignment as it will feel great and fun and lovely. Often you can't stop negative thoughts by trying to stop negative thoughts but you can give your attention to great thoughts instead.

Now if you have wanted something for a long time and it depresses you or bothers you that it hasn't become your reality, that would probably not be the thing to play with. Unless of course, it gives you pleasure to think about. If it doesn't then play with something you aren't attached to that you still find desirable. You will know when you get it right because it will be fun.

You don't have to tell anyone, just feel it and think it. They will see you differently, notice your energy and respond appropriately even if that means to avoid you...lol Most of the time people are very attracted to feel good kinds of people. When you are in that state, you radiate love and appreciation and most are starved for that energy. You wind up becoming a limitless supply for yourself and anyone who is around you.

Since you're a limitless supply, have no fear that you will attract vampires as you will have no need to play games with anyone that isn't uplifting. They will sort themselves out without you even having to have a serious conversation or set "boundaries". Your boundaries will be unnecessary as you only draw to you what you want.

It goes the same for the information, the data, the decision making...all of life really. It is so much easier in every aspect of life when you get in alignment.

Have a phenomenal experience, magnificent one!

By: Edith del Mar Behr

Pennsylvania Pioneers in Action

Committee Reports

Community Relations Committee:

Gatherings, key number 3 virtues and how it relates to each person
Only 4 people so no more gatherings at Overly's Grove until there's greater attendance
Constitution center trip was great; film, narrator, moving, a whole room dedicated to the first amendment, other people were interested in what we are interested in, great

recruiting place. Independence Hall presentation involved Continental Congress and was in the room where they were writing the Declaration of Independence

Future ideas?

Camp for kids, intention and affirmation statement, forming a militia, electing a sheriff

Strategic Planning Committee:

Education is still the main outreach method. Moving from the Constitution to the Articles of Confederation.

Desired education 1. How to set up a Private Membership Association

2. Learning about setting up Trusts

3. Reaching children and youth groups about constitution education

Encourage assemblies to continue meeting regularly even when not much is going on to hold the line and be ready when we are called upon to help others with self-governance

Help our members realize that many are still afraid or mind controlled however that won't be the case for long and our planting seeds and watering it with love, appreciation and gratitude is working even when we don't see any results.

Documentation Committee:

No report

The People's Voice Committee:

Meeting disrupted by death of Karen's father

Door hangers being printed by local printer with questions, QR codes, and PP email address

Possible idea is to target areas near data centers and approach leaders of other organizations and give them the printer's information to print for them to distribute as well

Newsletter Committee:

No report

Welcoming and Onboarding Committee:

No report

Emergency Preparedness Committee:

No report

Former Grand Jury Oversight Work Group Committee; *new name pending*

Next step to discuss what this committee can provide to help people with their personal sovereignty. Resources will be provided. Next meeting will provide a new name for the committee

- Committee Report Summary Compilation by: Edith (Delmi) Behr

Open Meetings and Trainings

Please Join Us to find out how "We the People" are reclaiming our lawful authority!

Join the Pennsylvania Pioneers

On the **first Monday** of every month, from 7-9 PM ET, a group of freedom-loving people from many different counties gathers to collaborate in the mission of restoring Pennsylvania to a land of freedom. (Zoom option available.)

Email: PennsylvaniaPioneers@protonmail.com When you join the Pennsylvania Pioneers you will receive notification of the following events.

Join the Pennsylvania Pioneers Assembly Training Calls via Zoom on **Wednesday evenings** from 7:30-9:00 PM ET (7:00 for Ambassadors). (The 3rd Wednesday's call is led by the Chester County Republic Assembly) These Training Calls are focused on education on our Country's founding documents and setting up Lawful Assemblies across Pennsylvania. Attending these calls can help you understand the functions of an assembly and teach you how to become an active participant.

Pennsylvania needs eighteen (18) counties to be settled on the land to become *de jure* (lawful). Currently, Pennsylvania has four (4) "official" county assemblies settled on the land. These are Lancaster, Chester, Montgomery, and Allegheny counties. We also have ambassadors from various other counties who are interested in founding assemblies in their counties. If you are

interested in starting an assembly, joining an assembly, or learning more about assemblies, please reach out to PennsylvaniaPioneers@protonmail.com .

Every Wednesday evening at 7:30 pm ET you can join us at this link

Join Zoom Meeting

<https://us02web.zoom.us/j/85085604648?pwd=N1GqIPAm9hEiPhbHapK8S4cctQufBP.1>

Meeting ID: 850 8560 4648

Passcode: 335825

Join the Pennsylvania Pioneers ongoing Workshop which we call “Sunday Book Study”. The book reading is held every Sunday **except the first Sunday of the month** (unless otherwise notified) from 3:00 - 5:00 PM ET at the home of Christina and Karen. You can come to their house or join via Zoom. A link is sent every Sunday, (except the 1st Sunday of the month) along with a reminder. As a member of the Pennsylvania Pioneers, you will be receiving all notifications regarding the Book Study. We welcome you to join us as we read about our Nation’s true history and self-governance.

Pennsylvania has a website! Please visit this site to become familiar with it. <https://www.pennsylvaniafreestate.org/> is a WONDERFUL resource to aid our Pennsylvania Assemblies in giving public notice of their lawful settlement on the land! You will also find some valuable, educational resources. Please, also, be patient as it is still under construction, but visit regularly for updated information and new content.

While visiting this site, please be sure to read the **Freedom Restoration Covenant**. The power of agreement is HUGE! The more of us who make freedom our focus and agree on the way to reclaim our freedom, the more quickly Pennsylvania will become free. This **Freedom Restoration Covenant** will be present at events hosted by the Pennsylvania Pioneers. You are welcome to autograph your name to this covenant by autographing the Celebration Event Page, which will be kept for history and uploaded to the website. You can keep a personal record of doing so by autographing the *My Autograph Page*. Your great-grandchildren will have the privilege of seeing your involvement in this historical time!

We invite you to join the Pennsylvania Republic Free State Telegram Group, where you will gain access to our various Rooms, i.e. Republic Resources, News and Chats, Assembly Resources/Documents, and more. **In an effort to keep our Telegram Group secure and private, please email**

PennsylvaniaPioneers@protonmail.com to request to be added to the Telegram Group.

Thank you!

Announcements

*Every **Thursday evening** from **8 - 10 PM, ET**, **Stacy Pierce** hosts a Round Table discussion via Zoom. The topics range from **Forming and Functioning as Assemblies to Informational Q&As**. **Contact information to receive a Zoom link and recordings: Stacy-Allen: :Pierce: adeptmanagementservicesllc@gmail.com**

You can also join the Telegram Channel to access the link and many rooms with information. The Channel name is WeThePeoplesRepublic and the link is t.me/wethepeoplesrepublic

Our PP July Event was Energizing!

The Pioneers hosted an Independence Day - 250 Years Celebration - Potluck Evening Event, July 10, 2026, at Karen and Christina's. It was a fun, social event including a cookout, good food, and games.



Photo Credits: Amanda



Photo Credits: Amanda

***See the flyer below for the Pennsylvania Pioneers August Potluck event!**

Here is a link to download the flyer: [PP Pool Party Potluck Flyer Aug. 2026.pdf](#)

Print and share, or share it digitally with family, friends, and freedom loving groups. Invite them to this fun social event!

Remember to RSVP, and Sign up to bring a dish by using this link:

<https://www.signupgenius.com/go/10C094CAEAC2CA1F49-64787014-pennsylvania>

***Family Days on the Farm Friday and Saturday, July 24 and 25, 740 Hartman Station Road, Lancaster, Pennsylvania (See Flyer below for more details)**

This is not an event hosted by the Pennsylvania Pioneers, but the Pioneers like to attend. Here, you will find lots of vendors, some teachers, and people who love God and Country.

July Events

JULY 24 - 25, 2026

WORKSHOP SCHEDULE

FRIDAY		5:00 - 6:30pm		6:45 - 8:00pm	
Evening Keynote	Creating Joy on the Family Farm David Bowers	Food Nutrients, from Soil to Plate Dr. Stephen Van Vliet			

SATURDAY			8:00am			8:30 - 9:40am			10:00 - 11:10am			11:40am - 1:00pm			1:20 - 2:30pm			2:50 - 4:00pm		
Keynote/ Human Health	Welcome by Host		Optimizing the Immune system Dr. Gordon Donaldson			Mind Medication, Harmful or Healing? "Antique" Steve Stoltzfus			NOON KEYNOTE How Farming Affects Community and Family Life Shorty Hochstetler			From Soil to People, the Metabolic Process Dr. Stephen Van Vliet			Bringing Harmony and Diversity on the Family Farm David Bowers					
Homestead	Home Turkey Butchering Demo		Healthy Soil, Robust Vegetable Production, Human Wellness Melvin Fisher			When it Happens - Burn and Wound Care Lancaster Community Caregivers Team			Home Turkey Processing Demonstration: Sausage, Scrapple Smoked Turkey Breast			Regenerative Home Orchard and Berry Production Melvin Fisher								
Homemakers	Prevention & First Aid for Burns and Wounds Lancaster Community Caregivers Team		Transitioning from Grain to Grass Farmer Panel Discussion			Cooking With Herbs for Health and Flavor Ladies Panel			Hope after Chemicals Jeremy Flora			Dairy Demonstration								
Farmstead	Profitable Farming through Diversity Shorty Hochstetler		Preparing a Horse for Saddle or Harness			Long Lining Demo			Pasture Walk with Jeremy Flora & Shorty Hochstetler			Advanced Riding								
Horse Arena East Coast Horseman's Association	Preparing a Horse to be Caught		Backyard Beekeeping Daniel McCaughen			"Storytime" in Children's Tent														
Demonstrations/ other activities																				

Breakfast served from 6 to 9 AM

ALL DAY CHILDREN'S ACTIVITIES
(subject to change on day of event)

Pony Rides	Swiss Cheese Man
Large Corn Box	Camel Rides

FRIDAY KEYNOTE: Creating Joy on the Family Farm
Bringing Harmony and Diversity on the Family Farm
DAVID BOWERS

David Bower was born and raised on an operating dairy farm—the same farm his family still manages. Working in landscaping at the young age of 15 years old, he also co-founded a Creamery. Since 2007, David has been helping farmers write business plans as well as helping in an advisory role.

FRIDAY: Food Nutrients, from Soil to Plate
From Soil to People, the Metabolic Process
DR. STEPHEN VAN VLIET

Dr. Stephen van Vliet is the Director of the Center for Human Nutrition Studies at Utah State University. Dr. van Vliet's research is performed at the nexus of agricultural and human health. He routinely collaborates with farmers, ecologists, and agricultural scientists to study critical linkages between sustainable agriculture, the nutrient density of food, and human health. His work has been published in the American Journal of Clinical Nutrition, Scientific Reports, the Journal of Nutrition, and the Journal of Physiology.

KEYNOTE: How Farming Affects Community and Family Life
Profitable Farming through Diversity
SHORTY HOCHSTETLER

Vernon (Shorty) Hochstetler is the founder of Schwazerde LLC, which is a beef cattle Seed-Stock business supplying seed-stock throughout the USA. The Hochstetler farm has been in 100% grazing and/or hay production since 2003. They currently operate the cow/calf side of the business on their own farm, with the finishing cattle being contracted to other farms. Customer demand for grass phenotype bulls eventually led to the "Schwazerde Bull Test", which is an all-forage test with an intense selection process designed to select the best in grass-fed genetics.

DISCLAIMER: The Family Days Committee is not liable or responsible for any advice, service or product offered at this event. Participate at your own discretion.

Optimizing the Immune system
DR. GORDON DONALDSON

Dr. Gordon Donaldson is a Family Medicine specialist practicing in Elverson, PA with 40 years of experience. Growing up along the Amazon River in Peru as a missionary kid, Dr. Donaldson married his wife Sue and they have 3 children and 11 grandchildren. Board certified in Family Practice, Dr. Donaldson has been in solo private practice for over 36 years and has been at Morgantown Family Practice, which is now Focused Health, for 23 years.

Mind Medication, Harmful or Healing?
"ANTIQUE" STEVE STOLTZFUS

Steve Stoltzfus has a passion for the topic of psychiatric treatment and the tendency of psychiatry in practice to always point the patient to interventionist drugs. Knowing the difficulty of withdrawal, Steve is open to sharing his knowledge and experience on the topic. Although it's a topic fraught with controversy and emotion, Steve is one of the few people willing to question whether medication should be the treatment of choice for all mental disorders. Steve resides with his wife and children in Lancaster County PA.

Healthy Soil, Robust Vegetable Production, Human Wellness
Regenerative Home Orchard and Berry Production
MELVIN FISHER

Melvin and Sarah Fisher reside in Lancaster County, PA, where they are raising a family on their several acre property. As a consultant and owner for Keystone BioVeg, Melvin uses his passion to help farmers improve their soil health and crop performance while reducing reliance on synthetic inputs, encouraging growers to dig deeper and understand the why behind their yield, insect and disease challenges.

Prevention & First Aid for Burns and Wounds
When it Happens - Burn and Wound Care
LANCASTER COMMUNITY CAREGIVERS TEAM

The Lancaster Community Caregivers Team is a made up of members of the Old Order Amish and Mennonite community who are actively involved not only in helping families to treat burn and wound victims when they occur (including in hospital settings on occasion), but also participate in educating the Plain communities in the prevention of avoidable accidents in which burns and wounds are caused.

Hope after Chemicals
JEREMY FLORA

Jeremy Flora farms about 350 acres with roughly 50% in grass. Managing about 60 cow/calf pairs on an all-forage diet, he also finishes steers and markets them directly to consumers. Led to this method of farming via family health challenges, they enjoy sharing their experience, and are glad to reveal what they've learned along the way.

Backyard Beekeeping Basics
DANIEL MCCAUGHEN

Daniel McCaughen, otherwise known as Brother Daniel, a certified and licensed beekeeper, has lived and worked with the local farming community for many years. He is passionate about educating people on the importance of protecting honeybees.

MISSION STATEMENT

We endeavor to provide an educational basis that promotes down-to-earth ways of bringing forth nutrient dense food for homesteaders and farmers alike, while supporting sustainable and simpler lifestyles that promote cohesive, economical, and healthy rural living skills enabling future generations to farm with a positive attitude and strengthened motivation.

We will be providing

- Educational seminars
- Expertise from masters of the trade
- Homemakers advice
- Farmstead ideas
- Children's activities including a petting zoo and corn box
- Healthy baking, vegetable growing and a whole bunch more!

Food will be available by donation.
If the donations exceed the cost of the event, then the proceeds will be donated to a local cause that is likewise putting forth effort to assist people towards good health by teaching and recognizing good stewardship of God's creation.

Start your day right with a platter of pasture eggs, biscuits, and washed down with Organic coffee and orange juice. Hydrate during the day with water, kombucha, chocolate milk and more. Excite your internal gut flora (and taste buds!) with a plate of "Haystack Lunch" and healthy baked goods topped off with fresh-off-the-farm ice cream. Enjoy, and just be sure to fill the donation boxes to the same level you fill your stomach to. We hope to see you there!

This event is an educational outreach of C.A.R.E. (Communities Alliance for Responsible Eco-farming) for CARE members and guests. All rights reserved without prejudice.

If you have any questions concerning the event, please call 717-539-FDOF(3363)

2026

To be held at:
THE LLOYD PETERSHEIM FARM
740 Hartman Station Rd
Lancaster, PA. 17601

**Friday, July 24
& Saturday, July 25**

DISCLAIMER: The Family Days Committee is not liable or responsible for any advice, service or product offered at this event. Participate at your own discretion.

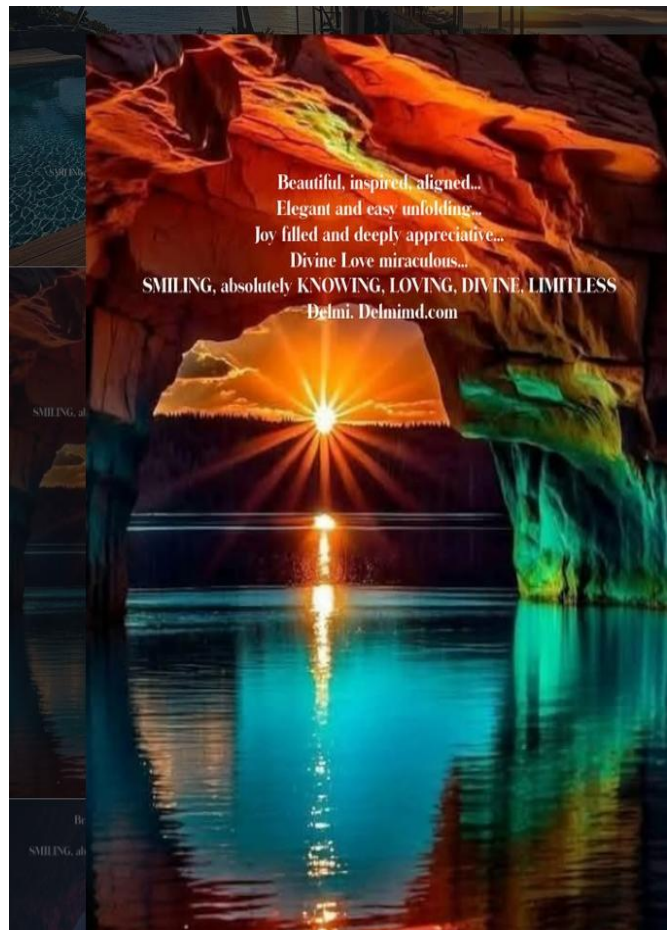
August Event



Monthly Focus

True alignment yields ultimate freedom and that requires an actual relationship with the Divine. The path lights up and information and processes are presented in ways that surprise and delight. It is truly miraculous that remedy is available in all situations and the fun of discovery and helping others discover their true power is such a wonderful part of life.

-Edith (Delmi) Behr



A CALL FOR:

Your news, progress reports, stories, events, questions, comments and suggestions

Please submit your questions and comments, your success stories, the events you're having, or invitations to join in a call or a special training that you are opening to anyone in Pennsylvania or beyond. Remember to keep it positive and respectful. Please send your submission to:

delmimd@comcast.net

Contact Information

If you would like to join the Pennsylvania Pioneers, or have questions, email us at PennsylvaniaPioneers@protonmail.com

When you join the Pennsylvania Pioneers you will receive a Welcome Packet and be added to the email list to receive notification of the following events: Monthly PP Meetings, Workshops, Potluck Parties, Sunday Book Study, etc. We would love to have you join us!

Declare with Us...

I am stepping into my divine appointment to self-govern and govern in my county. This appointment changes my state, nation, and world!



Pennsylvania Pioneers is in alignment with the Republic for the United States of America, which is internationally recognized as the one true Republic. It has been reinstated according to the founding documents of this great land. Click this link for more information:

<https://wethepeoples-republic.org/>