Pennsylvania Free State Newsletter

Presented to you by the Pennsylvania Pioneers

Calling out to all Pennsylvanians



Pocono Mountains, Pennsylvania

October 2026

Quotes from our Founding Fathers

"No people will tamely surrender their liberties, nor can any be easily subdued, when knowledge is diffused and virtue is preserved."
-Samuel Adams

Welcome to the Pennsylvania Free State Newsletter.

This group is here to help Pennsylvanians organize their self-governing bodies at the county level. A government for the people and by the people. Feel free to join us at our zoom calls and in-person events if even just to learn more about what can be done to restore the Republic, the rule of law, and preserve our constitutional rights. Even better if you are interested in getting involved, we are here to support, guide and share community.

This group is well grounded in knowing that we are guided by the Creator and that the intention is for us to regain our inherited freedom and dominion. We are centered in love and in the creative process of establishing self-governance by the people and for the people.

Table of Contents

Title Page…Quotes from our Founding Fathers…….…….…….1

Welcome…Table of Contents…Volunteers…….…….2

Main Article……...3-4

Pennsylvania Pioneers in Action-Committee Reports…….....4-5

Open meetings and Trainings……5-6

Announcements and Special Events…….….6-8

Monthly Focus……...9

Call for member contributions… Seal and Contact Information……10

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Main Article: Edith (Delmi) Behr

Main Article

Law of Vibration

The third hermitic law is the Law of Vibration. The Law of Vibration states that everything in the universe is in constant motion and vibrates at its own frequency, influencing our experiences and interactions.

Everything in our existence vibrates and has a frequency and that affects everything. From the densest and most solid material to the most invisible of gases, every known particle is still vibrating. From the smallest particle of matter to the largest mountains, there is vibration. Quantum physics states that each atom is 99.999 percent space with electrons vibrating within it. Our observation of matter affects how it vibrates.

Music can affect moods and that surely is vibrational. Even light is a vibration and what you see can affect you as well. The energy of love, authenticity, gratitude and creativity vibrate at a higher frequency than anger, fear, worry and guilt. These emotions have been shown to have a powerful effect on the health of a body. High and positive emotions yield healing and health while the more negative emotions do the opposite. This is another way vibration and frequency affect us regularly.

Our habit of thinking emits a frequency as well. It not only affects our health but affects others around us. It may even affect the entire world we live in. It is quite important to become aware of these habits, not just for yourself but possibly for everyone and every circumstance occurring in this life.

The beauty is that we can raise our vibration and see the actual results. It costs nothing to become aware of how you respond to yourself, your interactions with others, and circumstances in your life. You can purposely change your habit of thinking to a more powerful and positive frequency.

Of course, just becoming aware is only the beginning. That awareness does not preclude doing something to change a circumstance. However, without addressing your own vibrational pattern, usually that action, alone, will not change a thing. We must use that awareness to root out beliefs that don't serve us and replace them with more affirming and uplifting beliefs.

It is a powerful way to live when you raise your frequency from an oscillation that goes from peace to excitement and bliss, instead of fear to relief. It won't happen without accepting that you have the power to do that, **and you do!** Those things that trigger your negative emotions are a gift from the Divine showing you that your thoughts are in error, and while in error you are not going to be effective in changing the circumstance. Own the emotion, thank it for its input and ask yourself two questions. What am I believing about this person, myself, or the circumstance that is triggering this response? What can I believe differently that will feel the best about all of that?

Then adopt the belief that feels better, as many times as you need until you are no longer triggered into fear-based emotion. It is like peeling an onion and it is a beautiful exercise. It allows you to live in a state of grace and love without taking away your ability to effect

changes. In fact, the clarity that you are left with allows you to be more productive and effective in any endeavor.

From the spiritual to the scientific there is no doubt that frequency and vibration are present and powerful. If not for the world at large, then for your health. It depends on the frequency of your mind and body, and that is very malleable. Since it doesn't cost anything and really doesn't require much time anyone can do it. It just requires understanding that it is real, it is possible, and you can easily do it. The beauty is that when you apply these principles you will see experiential results that will cascade into more beautiful results.

Enjoy the journey! Joy is a powerful frequency!

-Edith (Delmi) Behr

Pennsylvania Pioneers in Action

Committee Reports

Welcoming and Onboarding Committee:

- No report

Emergency Preparedness Committee:

- Awaiting survey results on what people are interested in learning for emergency preparedness
- Enough people are on the committee to move forward
- Planning future workshops
- James del RIO, Sr to be moderator

Strategic Planning Committee:

- No new report

Documentation Committee:

- No new report

The People's Voice Committee:

- No new report

Newsletter Committee:

- No new report

Community Relations Committee:

- No new report

Former Grand Jury Oversight Work Group Committee; *new name pending*

- Possibly Public vs Private

- Committee Report Summary Compilation by: Edith (Delmi) Behr

Open Meetings and Trainings

Please Join Us to find out how "We the People" are reclaiming our lawful authority!

Join the Pennsylvania Pioneers

On the **first Monday** of every month, from 7-9 PM ET, a group of freedom-loving people from many different counties gathers to collaborate in the mission of restoring Pennsylvania to a land of freedom. (Zoom option available.)
Email: **PennsylvaniaPioneers@protonmail.com** When you join the Pennsylvania Pioneers you will receive notification of the following events.

Join the Pennsylvania Pioneers Assembly Training Calls via Zoom on

Wednesday evenings from 7:30-9:00 PM ET (7:00 for Ambassadors). These Training Calls are focused on education on our Country's founding documents and setting up Lawful Assemblies across Pennsylvania. Attending these calls can help you understand the functions of an assembly and teach you how to become an active participant.

Pennsylvania needs eighteen (18) counties to be settled on the land to become *de jure* (lawful). Currently, Pennsylvania has four (4) "official" county assemblies settled on the land. These are Lancaster, Chester, Montgomery, and Allegheny counties. We also have ambassadors from various other counties who are interested in founding assemblies in their counties. If you are interested in starting an assembly, joining an assembly, or learning more about assemblies, please reach out to **PennsylvaniaPioneers@protonmail.com .**

Every Wednesday evening at 7:30 pm ET you can join us at this link
Join Zoom Meeting
https://us02web.zoom.us/j/85085604648?pwd=N1GqlPAm9hEiPhbHapK8S4cctQufBP.1

Meeting ID: 850 8560 4648
Passcode: 335825

Join the Pennsylvania Pioneers ongoing Workshop which we call "Sunday Book Study". The book reading is held every Sunday **except the first Sunday of the month** (unless otherwise notified) from 3:00 - 5:00 PM ET via Zoom. A link is sent every Sunday, (except the 1st Sunday of the month) along with a reminder. As a member of the Pennsylvania Pioneers, you will be receiving all notifications regarding the Book Study. We welcome you to join us as we read about our Nation's true history and self-governance.

Pennsylvania has a website! Please visit this site to become familiar with it. **https://www.pennsylvaniafreestate.org/** is a WONDERFUL resource to aid our Pennsylvania Assemblies in giving public notice of their lawful settlement on the land! You will also find some valuable, educational resources. Please, also, be patient as it is still under construction, but visit regularly for updated information and new content.

While visiting this site, please be sure to read the **Freedom Restoration Covenant.** The power of agreement is HUGE! The more of us who make freedom our focus and agree on the way to reclaim our freedom, the more quickly Pennsylvania will become free. This **Freedom Restoration Covenant** will be present at events hosted by the Pennsylvania Pioneers. You are welcome to autograph your name to this covenant by autographing the Celebration Event Page, which will be kept for history and uploaded to the website. You can keep a personal record of doing so by autographing the *My Autograph Page.* Your great-grandchildren will have the privilege of seeing your involvement in this historical time!

We invite you to join the Pennsylvania Republic Free State Telegram Group, where you will gain access to our various Rooms, i.e. Republic Resources, News and Chats, Assembly Resources/Documents, and more. **In an effort to keep our Telegram Group secure and private, please email PennsylvaniaPioneers@protonmail.com to request to be added to the Telegram Group. Thank you!**

Announcements

*Pennsylvania Pioneer, Dana Dienno, will be hosting a Right to Travel Workshop on **Saturday, October 24, 2026, 9 AM - 3 PM ET.** She has previously led a very successful Right to Travel Workshop. This time she specifically wants to teach people what to do on the side of the road if they get pulled over, and what to do in the first 3 days of the response. Use this link to download the flyer: Right to Travel Free Seminar Oct 2026.png Share it with your friends!

*November's PP Potluck is very special because Dave Robert's will be our guest speaker. He will be telling us about the TRUE history of the Pilgrims and the Mayflower Compact. The date is Friday, November 20th, 2026.

*December's PP Potluck is our traditional Christmas Potluck! Come prepared to be merry! That date is Friday, December 18th, 2026.

*Many of the Pennsylvania Pioneers attended the Bill of Rights event last year and we wanted to notify you about it again. Read this invitation from Carris Kocker.

Bill of Rights Day, December 15, 2026, will soon be here! Please join us for the **35th Annual Bill of Rights Commemorative Banquet** or make plans of your own for *Bill of Rights Day*. We are happy to see others planning events and observances, simple or elaborate!

Mark your calendar and observe the day in some way!

1. Read the **Bill of Rights** aloud!
2. Pass out copies. (PDF for printable, wallet-sized copies available on request.)
3. Meetup with friends at a local restaurant or invite them to your home for a reading of the **Bill of Rights** and a prayer of Thanksgiving for the blessings of civil and religious freedom.
4. OR… Join us in New Holland, PA for the **35th Annual Bill of Rights Commemorative Banquet**!
5. Forward the attached announcements about *Bill of Rights Day*.

The speaker for this year's banquet is James Manship, A.K.A. General George Washington, an outstanding historian and an engaged citizen on numerous fronts. Having just observed the 250th anniversary of the *Declaration of Independence*, Mr. Manship will speak to "Defending the Declaration." Fitting as the 250th of Washington's Crossing of the Delaware is only ten days after *Bill of Rights Day*, and next year will be the 250th of the Battle of Brandywine and the Valley Forge Encampment.

We will also be remembering the 500th Anniversary of Tyndale's New Testament – a milestone in our Legacy of Liberty and Faith.

Check out **Pennsylvania Statute Title 44 P.S. § 40.11. Bill of Rights Day…**

https://codes.findlaw.com/pa/title-44-ps-legal-holidays-and-observances/pa-st-sect-44-40-11/

We do hope you will observe *Bill of Rights Day* in some way. We'd love for you to join us in New Holland!

Appealing to Heaven,

with a firm reliance upon Divine Providence,

Carris Kocher

Bill of Rights Bicentennial Committee Chair

Here is a link to download the flyer: BOR Flyer.2026.Ed (1).pdf

October Event



Look Within to Find Heaven

https://delmimd.com/look-within-to-find-heaven/

-Edith (Delmi) Behr



A CALL FOR:

Your news, progress reports, stories, events, questions, comments and suggestions

Please submit your questions and comments, your success stories, the events you're having, or invitations to join in a call or a special training that you are opening to anyone in Pennsylvania or beyond. Remember to keep it positive and respectful. Please send your submission to:

delmimd@comcast.net

Contact Information

If you would like to join the Pennsylvania Pioneers, or have questions, email us at PennsylvaniaPioneers@protonmail.com

When you join the Pennsylvania Pioneers you will receive a Welcome Packet and be added to the email list to receive notification of the following events: Monthly PP Meetings, Workshops, Potluck Parties, Sunday Book Study, etc. We would love to have you join us!

Declare with Us...

I am stepping into my divine appointment to self-govern and govern in my county. This appointment changes my state, nation, and world!

Pennsylvania Pioneers is in alignment with the Republic for the United States of America, which is internationally recognized as the one true Republic. It has been reinstated according to the founding documents of this great land. Click this link for more information: **https://wethepeoples-republic.org/**